My job exploration!



Student:

Class:



Jobs Booklet No.



PROGRAMUL DE COOPERARE ELVEȚIANO-ROMÂN SWISS-ROMANIAN COOPERATION PROGRAMME

PROJECT CO-FINANCED BY SWITZERLAND THROUGH A GRANT FROM THE SWISS ENLARGEMENT CONTRIBUTION

The Romanian-Swiss project called Job Orientation Training in Businesses and Schools - JOBS combines the world of labour market and school. The programme prepares students in the lower secondary or first years of the upper secondary education through a yearlong cross-curricular course. They evaluate and develop their own competences and life skills and become acquainted with the real working world.

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My job exploration!

Students booklet

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My address:
Date of birth:
Phone:
My doctor/hospital:
Address of school:
Phone:
Fax:
E-mail:
Contact teacher:
Contact person in the business:

A short presentation of my chosen business



Name of business:
Address:
Duofossione
Professions:
Size of business:
Number of workers:
Number of staff in training:
Miles the decrease of the formation to accompany the condition of the cond
What is done, which products are produced?
How long has the business existed?
Working hours:
Break time:
DIEGR (IIIIC.
Driving/walking time to business:



Tips for conduct during the business visit

V	You are only a guest in a company, so you have to adhere to the rules. Be polite!
√	If you are sick, you have to inform the company in advance.
<u> </u>	If you have any problems: talk to the contact person in the company or your teacher.
<u> </u>	If there is something you don't understand, ask directly. This shows your interest.
<u> </u>	Always ask before you take pictures or leaflets, information materials etc.
	What is additionally important for the business you visit?
√	
V	
lf h	nave understood these rules of conduct.
Da	te/signature

Visiting plan: Day 1



Names of team members:			
Visiting bus	siness/company		
Date/hours			
Task no.	Title of task and short description (we will)	Materials we need. Time we will need. People involved. Open questions.	



Day 1 – Visiting protocol: Tasks

No.	Title of task	Signature of business representative
Short re	port about my impressions of th	ne day:
	nave learned, that	
	nave met	
• Iv	vant to find out how	
•	··	

Visiting plan: Day 2



Names of team members:			
Visiting bus	siness/company		
Date/hours			
Task no.	Title of task and short description (we will)	Materials we need. Time we will need. People involved. Open questions.	



Day 2 – Visiting protocol: Tasks

No.	Title of task	Signature of business representative
_		
Short re	eport about my impressions of t	he day:
1 4	asua lasenad that	
	nave learned, that nave met	
	vant to find out how	
•		
	•	

Visiting plan: Day 3



Names of team members:			
Visiting bus	iness/company		
Date/hours			
Task no.	Title of task and short description (we will)	Materials we need. Time we will need. People involved. Open questions.	



Day 3 – Visiting protocol: Tasks

No.	Title of task	Signature of business representative
Short ro	anartahaut mu improssions of th	o days
SHOLLIE	eport about my impressions of th	e day:
• 1h	nave learned, that	
	nave met	
	vant to find out how	
•		
••	••	

Visiting plan: Day 4



Names of team members:			
Visiting bus	iness/company		
Date/hours			
Task no.	Title of task and short description (we will)	Materials we need. Time we will need. People involved. Open questions.	



Day 4 – Visiting protocol: Tasks

No.	Title of task	Signature of business representative
Short repor	rt about my impressions of the day:	
 I have 	learned, that	
 I have 	met	
 I want 	t to find out how	
•		

Safe on my mission 1

(Tick the ones that are important in the business you visit!)





First aid



Use safety gloves



Emergency exit



Use ear protectionr



Emergency meeting point



Use a safety helmet



Emergency escape



Use eye protection



Use safety shoes



Safe on my mission 2(Tick the ones that are important in the business you visit!)

	No smoking	*	Beware of laser beam
	No fire, open flames or smoking		Beware of fire sensitive materials
	No extinguishing with water		Beware of explosive materials
H	No drinking water		Beware of poisonous materials
	No entry		Beware of corrosive materials
	No eating or drinking	À LIBERT DE LA CONTRACTION DE	Beware of floating loads
			Danger zone

Profession 1



1. What do you know about this	s profession?	
1.1 Duration of training:		
1.2 Related professions		
1.3 Tasks and functions in this pro	fession:	
1.4 Ask the workers in the busines	ss about this profession.	
2. Which special skills do vou need	d for this profession? Make a tick v	vhere applicable:
, , , , , , , , , , , , , , , , , , , ,		
2.1 Thinking skills	2.2 Physical Skills	2.3 Social Skills
☐ Accuracy and diligence	☐ Physical capacity	☐ Responsibility
☐ Written expression	☐ Long time standing	☐ No shyness
☐ Fast reactions	☐ Carrying heavy loads	☐ Self evidence
☐ Calculation	☐ Withstanding strong smells	☐ Emotional capacity
□ Drawing	☐ Withstanding dirt	☐ Consideration of others
☐ Imagination	☐ No allergies	☐ Presentation skills
☐ Memory	☐ Exposed to wind and wheather	☐ Leading a conversation
□ Design	☐ Withstanding uncomfortable temperature	☐ Friendlyness, good manners
□ Spelling	☐ Withstanding noise	☐ Teamwork
☐ Oral expression	☐ Seeing colours properly	☐ Individual work
□ Observation	☐ Practicability	☐ Interest and empathy
☐ Technical understanding	☐ No fear of heights	☐ Persuading others
☐ Rich in ideas	☐ Good eyesight	☐ Listening skills
□ Logical thinking	☐ Good health	☐ Assertiveness
☐ Concentration		



1. What do you know about this profession? 1.1 Duration of training: 1.2 Related professions: 1.3 Tasks and functions in this profession: 1.4 Ask the workers in the business about this profession. 2. Which special skills do you need for this profession? Make a tick where applicable: 2.1 Thinking skills 2.2 Physical Skills 2.3 Social Skills ☐ Accuracy and diligence ☐ Physical capacity □ Responsibility ☐ Written expression ☐ Long time standing ☐ No shyness ☐ Fast reactions ☐ Carrying heavy loads ☐ Self evidence □ Calculation ☐ Withstanding strong smells ☐ Emotional capacity ☐ Withstanding dirt ☐ Consideration of others □ Drawing ☐ Imagination ☐ No allergies □ Presentation skills ☐ Exposed to wind and wheather ☐ Leading a conversation ☐ Memory ☐ Withstanding uncomfortable temperature ☐ Friendlyness, good manners □ Design ☐ Spelling ☐ Withstanding noise ☐ Teamwork ☐ Oral expression ☐ Seeing colours properly ☐ Individual work ☐ Observation ☐ Practicability ☐ Interest and empathy ☐ Technical understanding ☐ No fear of heights □ Persuading others ☐ Rich in ideas ☐ Good eyesight ☐ Listening skills □ Logical thinking ☐ Good health ☐ Assertiveness ☐ Concentration

Requirements for one of the jobs



Create a profile of requirements for one of the jobs you analysed. Tick only after thinking carefully!

Profession	Low	Middle	high
Thinking skills			
Accuracy and diligence			
Written expression			
Fast reaction			
Calculating skills			
Drawing			
Imagination			
Memory			
Design			
Spelling			
Rich in ideas			
Logical thinking			
Concentration			
Physical skills			
Physical capacity (total)			
Long time standing			
Carrying heavy loads			
Withstanding strong smells			
Withstanding dirt			
No allergies			
Exposed to wind and wheather			
Withstanding uncomfortable temperatures			
Withstanding noise			
Seeing colours properly			
Practicability			
No fear of heights			
Good eyesight			
Good health (good immune system, no colds etc.)			
Social skills			
Responsibility			
No shyness			
Self evidence			
Emotional capacity			
Consideration of others			
Presentation skills, secure appearance			
Leading a conversation			
Friendlyness, good manners			
Teamwork			
Individual work			
Interest and empathy			
Persuading others			
Listening skills			
Assertiveness			



You will use the following pages for interviews, notes, sketches, drawings, photos etc.

Take enough time for your notes.

Share them if necessary with people in the business.

Always write down the names of the people you talk to, take pictures of etc.



(Always note day, task, specifics...)











Evaluation of the booklet

Which business do you answer the questions for?				
Did you get a good insight into this business?				
□ yes □ partly □ hardly any				
If not, why do you think this was the case?				
What would you have liked to find out more about?				
Did the visit fulfill your expectations?				
☐ yes ☐ partly ☐ hardly				
If not or partly, why do you think this was the case?				
Did you prepare well at school for visiting the business?				
□ yes □ no				
If not, what would you have liked to do differently?				
Where did you notice gaps in your knowledge during the visit that you can now close?				
If not or partly, why do you think this was the case? Did you prepare well at school for visiting the business? ☐ yes ☐ no If not, what would you have liked to do differently?				



What I should acquire:	
How I should improve my approach to work:	
What I should improve about my personal appearance:	

